# CURRICULUM VITA OF Jeff Chang, Ph.D., Registered Psychologist

Phone: 403-686-0299 Fax: 403-228-9452 E-mail: jeffc@athabascau.ca Place of residence: Calgary, Alberta, Canada

#### PRIMARY INSTITUTIONAL AFFILIATION

**Graduate Centre for Applied Psychology** 

**Athabasca University** 

Calgary, AB

Associate Professor (tenured): Assistant Professor: *2012-present 2007-2012* 

2007-present

# Course development and teaching:

GCAP 634: Assessment Processes

GCAP 635: Intervening to Facilitate Client Change

GCAP 642: Counselling Children and Adolescents from a Developmental Perspective

GCAP 660: School Counselling: Roles, Strategies and Interventions

GCAP 654: Family Therapy: Theory and Practice

GCAP 685: Counselling Practicum

#### Administrative duties:

### Practicum Coordinator (2007-2014):

- Approve of all practicum organizations, practicum supervisors, and specific placement arrangements for approximately 70 students annually.
- Resolve conflicts between practicum organization and student, consulting on clinical supervision issues.
- Maintain high standards of clinical training

# Coordinator, School Counselling Specialization (2015-present)

#### Research supervision and examining:

Final project supervision: Carolyn Reid, MC, 2010

Melissa Seaborg, MC, 2011 Rhea Plosker, MC, 2012

Master's theses:

**supervisor** Alison Perry (defended October 10, 2015)

Taylor Nolland (in progress) Violetta Przeworski (in progress)

Ryan Schick (in progress)
Meredith Shaw (in progress)

**committee member** Patricia Suteu (defended November 25, 2015)

External examiner/reader: Colin James Sanders, Ph.D., 2014 (Tilburg University)

Stephanie McCune, Ph.D., 2014 (Tilburg University) Arlene Starkes-Walsh, MN, 2015 (Athabasca University)

#### University service:

Graduate Student Research Fund Committee (2008-2011)

Academic and Professional Research Fund (2010-2012)

Faculty of Health Disciplines Academic Coordinator Search Committees (2010, 2012)

Faculty of Health Disciplines Dean Search Committee (2010)

Graduate Studies Board (2009-2011)

General Faculties Council (2012-2014)

General Faculties Council Executive Committee (2012-2014)

E-Text Advisory Committee (2013-2014)

#### ADJUNCT APPOINTMENTS

# **University of San Diego**

2015

Department of School, Family, and Mental Health Professions

Affiliate Faculty (Visiting Professor), providing clinical supervision in the MA Program in Marriage and Family Therapy

Canadian School Counselling Review (formerly *The Alberta Counsellor*) 2014-present

Editor of Canada's sole peer-reviewed school counselling journal

# Werklund School of Education University of Calgary

2014-present

Adjunct Assistant Professor; instructor of CPE 140 Advanced Clinical Supervision in Psychology

# Calgary Family Therapy Centre (Dr. Karl Tomm, Director) Calgary, AB

2011-present

*Clinical Supervisor* for doctoral practicum students and pre-doctoral interns in counselling psychology; *instructor* in Family Therapy Externship

### Taos Institute/Tilburg University (Dr. Kenneth Gergen, President)

2011-present

*Institute Associate:* supervising doctoral students in systemic studies

#### CLINICAL PRACTICE

# The Family Psychology Centre Calgary, AB

2000-present

# Direct practice restricted to applications of psychology to family law:

■ 170+ bilateral custody-access evaluations, 200+ unilateral parenting assessments, 80+

- expert witness appearances
- Court-appointed expert in the Provincial Court of Alberta, Provincial Court of BC, Supreme Court of BC, Court of Queen's Bench of Alberta, and Superior Court of California
- Litigation support and parenting arbitration

# Clinical supervision and leadership:

- Supervision of Registered Psychologists, Registered Provisional Psychologists (24 primary; 7 secondary), Pre-Clinical Fellows (2) and Approved Supervisor Candidates (2) of the American Association for Marriage and Family Therapy (2), practicum students in school (6) and counselling (7) psychology, and predoctoral interns in professional psychology (4).
- Direction of two school-based children's mental health programs (2000-present)
- Consultation to mental health practitioners who are respondents in regulatory complaints and/or litigation
- Leadership of a private psychology firm, grown from a one person private practice to a practice grossing \$2.2 million, with 7 employees and 12 private practice associates (2000-2014)

#### Clinical consultation:

Mosaic Primary Care Network (2011-2012), Palliser School Division (2011), Prospect Human Services (2002-2008), Renfrew Educational Services (2008-2014), Salvation Army Child and Family Services (2006 to 2008), Southeastern Alberta Child and Family Services (1992-1999)

#### GRANTS AND CONTRACTS

- New Ways for Families: A Multi-Site Controlled Study, Principal Investigator, \$73,700 from Norlien Foundation
- New Ways for Families: A Multi-Site Controlled Study, \$6000 from Athabasca University Academic Research Fund
- Family System School Consultation Service: **Director**, Mental health consultation program for 90 independent schools in the Calgary Region present, 2000-present; \$364,000 in 2014-2015 from Regional Collaborative Service Delivery.
- Wellness Empowerment Program: **Director**, universal mental health capacity building program; \$499,500 PA, 2008-2011 from Mental Health Capacity Building Programs
- Stoney Nation Child and Family Services: training for community professionals; \$52,000 2007-2008

#### PROFESSIONAL SERVICE

#### Reviewing and advising

#### Scholarly:

Journal of Systemic Therapies (2005 to present) Canadian Journal of Counselling and Psychotherapy (2007 to present) Journal of Marital and Family Therapy (2009-present) Journal of Family Psychotherapy (2013)

Psychology Teaching and Learning (2012)

AAMFT Annual Conference (abstract reviewer) (2010 to present)

### Practice/Educational

City University of Seattle, contracted consultant for internal program review (2014) Accreditation site visitor, Commission on Accreditation of Marriage and Family Therapy Education, American Association for Marriage and Family Therapy (2013-present)

BC Ministry of Advanced Education, Degree Quality Assessment Board, Expert Reviewer for a Master of Education program in school counselling (2012) Shalom Counselling Centre, service audit (2011)

#### Governance:

Executive Member, Independent Schools Advisory Committee (governance for Student Health Partnership funding for Calgary Independent Schools) (2003-present) Member, Board of Directors, Calgary Family Therapy Centre

# Professional associations and regulatory bodies:

Guidance Council of the Alberta Teachers' Association, university representative (2014–present)

Professional Association of Christian Counsellors of Canada: external consultant for ethics investigation (2012-13)

Alberta Association for Marriage and Family Therapy, conference organizing committee (2011-2013)

Solution-Focused Brief Therapy Association: Archives Committee (2009-present)

Christian Counselling Association of Alberta: ad hoc committee to develop Code of Ethics (2000)

College of Alberta Psychologists: expert opinion on strategic and Ericksonian psychotherapy (1998)

#### **PUBLICATIONS**

## Journal articles (peer reviewed)

- Plosker, R., & Chang, J. (2014). A solution focused therapy group designed for caregivers of stroke survivors. *Journal of Systemic Therapies*, 33(2), 35-49.
- Nuttgens, S., & Chang, J. (2013). Moral distress in counselor supervision: A call for research. *Counselor Education and Supervision*, 52(4), 284-296. doi: 10.1002/j.1556-6978.2013.00043.x
- Chang. J., & Nylund, D. K. (2013). Narrative and solution-focused therapies: A twenty-year retrospective. *Journal of Systemic Therapies*, 32(2), 72–88.
- Chang, J., Combs, G., Dolan, Y., Freedman, J., Mitchell, T., & Trepper, T. (2013). From Ericksonian roots to postmodern futures. Part II: Shaping the future. *Journal of Systemic Therapies*, 32(2), 35–45.
- Chang, J. (2013). A contextual-functional meta-framework for counselling supervision.

- International Journal for the Advancement of Counselling, 35(2), 71-87. doi: 10.1007/s10447-0129168-2
- Chang, J., Combs, G., Dolan, Y., Freedman, J., Mitchell, T., & Trepper, T. (2012). From Ericksonian roots to postmodern futures. Part I: Finding postmodernism. *Journal of Systemic Therapies*, 31(4), 63–76. doi: 10.1521/jsyt.2012.31.4.63.
- Chang, J. (2011). An interpretative account of counsellor development. *Canadian Journal of Counselling and Psychotherapy*, 45(4), 406–428.
- Chang, J. (2010). The reflecting team: A training method for family counselors. *The Family Journal: Counseling and Therapy for Couples and Families*, 18(1), 36-44.
- Chang, J. (2010). Hermeneutic inquiry: A research approach for postmodern therapists. *Journal of Systemic Therapies*, 29(1), 19-32.
- Chang, J. (1999). Collaborative therapies with young children and their families:

  Developmental, pragmatic, and procedural issues. *Journal of Systemic Therapies*, 18(2), 44-64.
- Osenton, T., & Chang, J. (1999). Solution-oriented classroom management: Proactive use of a therapeutic technique. *Journal of Systemic Therapies*, 18(2), 65-76.
- Chang, J. (1991). Using relaxation training in child and youth care settings. *Child and Youth Care Forum*, 20(3), 157-171.
- Chang, J., & Hiebert, B. (1989). Relaxation procedures with children: A review. *Medical Psychotherapy*, 2, 163-176.

#### Book chapters and other scholarly publications

- Chang, J. (2015). Book review [Brief coaching with children and young people]. Australasian Journal of Solution-Focused Brief Therapy.
- Chang, J., McKinnon H., Reavie, M., & Skelton, S. (2015, in press). Supervision of school counsellors: An evolving practice. In B. Shepard & B. Robinson (Eds.), *Handbook of counselling supervision*. Ottawa: Canadian Counselling and Psychotherapy Association.
- Nuttgens, S., & Chang, J. (2015). Working with couples and families. In L. Martin, B. Shepard, & R. Lehr (Eds.). Canadian counselling and psychotherapy: Ethics-based issues and cases. (pp. 304-325). Ottawa: Canadian Counselling and Psychotherapy Association.
- Chang, J. (2014). On solution focused therapy, narrative therapy, and distinctions that make a difference. Blog post at: <a href="http://www.loesningsfokus.info/blog/on-solution-focused-therapy-narrative-therapy-and-distinctions-that-make-a-difference">http://www.loesningsfokus.info/blog/on-solution-focused-therapy-narrative-therapy-and-distinctions-that-make-a-difference</a>, July 11, 2014.
- Chang, J., & Gaete, J. (2014). IP-supervision as relationally responsive practice. In K. Tomm, D. Wulff, S. St. George, & T. Strong (Eds.), *Patterns in interpersonal interactions: Inviting relational understandings for therapeutic change* (pp. 187-209). New York: Routledge.
- Mudry, T., Strong, T., & Chang, J. (2014). The life history of a PIP: Snapshots in time. In K.

- Tomm, D. Wulff, S. St George, & T. Strong (Eds.), *Patterns in interpersonal interactions: Inviting relational understandings for therapeutic change* (pp. 82-102). New York: Routledge.
- Chang, J. (2013). On being solution-focused in adversarial places: Supervising parenting evaluations for family court. In F. N. Thomas, *Solution-focused supervision: A resource-oriented approach to developing clinical expertise* (pp. 187-196). New York: Springer Science and Business.
- Chang, J. (2012). Integrating approaches: Purposes, principles, and possibilities. *RATKES:*Journal of the Finnish Association for Solution- and Resource-Oriented Methods, 4(4), 29-33.
- Mitchell, T., & Chang, J. (2012). You can't have ADHD You're just like me. In J. J. W. Andrews & P. Istvanffy (Eds.), Exceptional life journeys: Personal stories about childhood disorder. Burlington, MA: Elsevier.
- Chang, J. (2011). Book review [Mastering competencies in family therapy: A practical approach to theory and clinical case documentation]. *Journal of Marital and Family Therapy*, 37(4), 503–504.
- Chang, J. (1998). Children's stories, children's solutions: Social constructionist therapy for children and their families. In M.F. Hoyt (Ed.), Handbook of constructive therapies. San Francisco: Jossey Bass.
- Chang, J. (1993). Language and experience: Challenging the conversation metaphor. In S. Gilligan & R. Price (Eds.), *Therapeutic conversations*. New York: Norton.
- Chang, J., & Phillips, M. (1993). Michael White and Steve de Shazer: New directions in family therapy. In S. Gilligan & R. Price (Eds.), *Therapeutic conversations*. New York: Norton.
- Kean, M., & Chang, J. (1994). Outlook is everything: An interview with Insoo Kim Berg. Journal of Collaborative Therapies, 2(1), 1-6.
- Chang, J. (1984). Book review [Psychology of juvenile crime]. Canada's Mental Health, 32(1), 29-30.

#### **Books**

- Chang, J. (Ed.) (2013). Creative interventions with children: A transtheoretical approach: Calgary: Family Psychology Press.
- Barker, P. A., & Chang, J. (2013). *Basic family therapy* (6th ed.) London, UK: Wiley.

#### **Editorial work**

- Chang, J., & Kier, C. (2016, in progress). Special issue on divorce interventions. *Canadian Journal of Counselling and Psychotherapy*.
- Chang, J. (2013) (Ed.). Special section: Therapeutic Conversations 20 years later. *Journal of Systemic Therapies*.

#### COMMERCIAL TRAINING MEDIA

By invitation of the editor, Dr. Jon Carlson, I contributed audio-recordings of a course of treatment of one family in family therapy to a series of transcripts published by Alexander Street Press (ASP). These transcripts of exemplary psychotherapists are disseminated via an on-line database distributed to libraries and psychotherapy training programs for use in teaching and research.

#### INVITED PLENARY ADDRESSES

- Chang, J. (2015, October). Six principles for working with children, youth and families: Thirty years of mistakes and occasional wisdom. Keynote address at the conference of the Alberta Association of Family-School Liaison Workers, Calgary, AB
- Chang, J. (2012, September). *Integration of approaches: Purposes, principles, and possibilities.* Plenary address at the conference of the European Brief Therapy Association, Torun, Poland.

# REFEREED CONFERENCE PRESENTATIONS (chronological)

- Chang, J. (2015, October). Children's stories, children's solutions: Listening for openings and amplifying change. Presentation at the conference of the Alberta Association of Family-School Liaison Workers, Calgary, AB.
- Chang, J. (2015, October). Writing for publication: Tips from a journal editor. Presentation at the conference of the Alberta Association of Family-School Liaison Workers, Calgary, AB.
- Chang, J. (2014, November). Narrative and solution-focused approaches: Convergences, divergences, and a tribute. Presentation at the 12th International Narrative Therapy and Community Work Conference, Adelaide, Australia.
- Chang, J. (2014, September). Children's stories, children's solutions: Listening for openings and amplifying change. Workshop at the conference of the European Brief Therapy Association, Leeuwarden, Netherlands.
- Chang, J. (2014, June). *Children's stories, children's solutions: Collaborative therapy with children and families.* Workshop at Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change, sponsored by Taos Institute, Drammen, Norway.
- Chang, J., Ross, K. H., & Sesma Vasquez, M. (2014, June). Looking for relational openings: Clinical decision-making in family therapy. Paper presentation at Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change, sponsored by Taos Institute, Drammen, Norway.
- Chang, J. (2013, October). *Children's stories, children's solutions: Collaborative counselling with children and families.* Full day workshop at the annual conference of the British Columbia School Counsellors' Association, Richmond, BC.
- Chang, J., (2013, August). The InterSSCT model: Planning universal programming in school-based

- mental health. Presentation at the Oxford Symposium on School-Based Family Counseling, Oxford, UK.
- Chang, J., & Gaete, J. (2013, March). Re-visioning supervision: From stages and traits to relational conversations and positioning. Presentation at Conversation-Fest/Winds of Change, League, City, TX.
- Chang, J. (2012, September). Developing your unique approach to clinical supervision: The contextual-functional meta-framework. One day post-conference workshop at the conference of the European Brief Therapy Association, Torun, Poland.
- Chang, J. (2012, September). Two narrative therapy techniques you might use and one you probably won't. Workshop at the conference of the European Brief Therapy Association, Torun, Poland.
- Chang, J. (2012, September). Developing your unique approach to clinical supervision: The Contextual-Functional Meta-Framework. Presentation at the conference of the American Association for Marriage and Family Therapy, Charlotte, NC.
- Chang, J. (2012, July). The Contextual-Functional Metaframework for MFT supervision. Half-day invited workshop at the conference of the American Mental Health Counselors' Association, Orlando, FL
- Mudry, T., Chang, J., & French, J. (2012, June). Negotiating a professional identity as a family therapist in professional psychology. Roundtable discussion at the Annual Convention of the Canadian Psychological Association.
- Djuraskovic, I., & Chang, J. (2012, May). *Counselling with refugees: Risk and resiliency*.

  Presentation at the conference of the Canadian Counselling and Psychotherapy Association, Calgary, AB.
- Plosker, R., & Chang, J. (2012, May). A solution-focused group for caregivers of stroke patients. Presentation at the conference of the Canadian Counselling and Psychotherapy Association, Calgary, AB.
- Chang, J. (2012, March). *The Contextual-Functional Metaframework for MFT supervision*. Presentation at the IFTA 2012 World Family Therapy Congress, Vancouver, BC.
- Chang, J., Henley, A., & Arora, K. (2012, March). Distributed learning for marriage and family therapists: Trends, perils, and possibilities. Presentation at the IFTA 2012 World Family Therapy Congress, Vancouver, BC.
- Chang, J. & Laudy, K. (2012, March). Systemic intervention in schools: Building collaborative teams. Presentation at the IFTA 2012 World Family Therapy Congress, Vancouver, BC.
- Djuraskovic, I., & Chang, J. (2012, March). Family therapy with refugees: Risk and resiliency. Presentation at the IFTA 2012 World Family Therapy Congress, Vancouver, BC.
- Habib, F-N., & Chang, J. (2012, February). Ethics of social care and research: Intertwined Western postmodern and Muslim traditions. Presentation at the International Conference on

- Religion and Spirituality in Society, Vancouver, BC.
- Chang, J. (2011, September). The Contextual-Functional Metaframework for MFT supervision. One day Preconference Institute at the conference of the American Association for Marriage and Family Therapy, Fort Worth, TX
- Chang, J. (2011, June). The InterSSCT model: Planning universal programming in school-based mental health. Presentation at the conference of the International Association for Counselling, Montego Bay, Jamaica.
- Chang, J. (2011, June). The Contextual-Functional Metaframework for counsellor supervision. Half-day pre-conference workshop at the conference of the International Association for Counselling, Montego Bay, Jamaica.
- Chang, J. (2010, November). The Contextual-Functional Model of counselor supervision.

  Presentation at the conference of the Western Association for Counselor Education and Supervision, Sacramento, CA.
- Chang, J. (2010, September). The Contextual-Functional Model of MFT supervision. Presentation at the conference of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Chang, J. (2010, June). *The Contextual-Functional Model of clinical supervision*. Presentation at the International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
- Chang, J. (2010, May). *The Contextual-Functional Model of clinical supervision*. Presentation at the Second International Transcultural Health Conference, Calgary, AB.
- Chang, J. (2010, May). *The Contextual-Functional Model of counsellor supervision*. Presentation at the Conference of the Child and Youth Care Association of Alberta, Edmonton, AB.
- Chang, J. (2010, May). The Contextual-Functional Model of counsellor supervision. Presentation at the Conference of the Canadian Counselling and Psychotherapy Association, Charlottetown, PEI.
- Jones, B., & Chang, J. (2010, May). We're flying the plane as we build it. School-based service delivery in a cross-cultural setting. Presentation at the meeting of the Canadian Counselling and Psychotherapy Association, Charlottetown, PEI.
- Chang, J., Andrews, D., Hassanali, S., Jones, B., Qureshi, S., Roberts, N., Stratford, A., & Warren, P. (2010, May). *The Wellness Empowerment Program: Transcultural mental health capacity building*, Poster presentation at the 2nd National Transcultural Health Conference, Calgary, AB.
- Chang, J. (2010, April). School-based mental health: Concentric collaborative conversations.

  Presentation at Collaborative and Dialogic Practices in Therapy and Social Change:
  Honoring the Past and Creating the Future, Cancun, Mexico.
- Mitchell, M., & Chang, J. (2009, November). *The solution-focused program manager*. Presentation at the conference of the Solution-Focused Brief Therapy Association, Albany, NY.

- Chang, J. (2009, October). Systemic concepts in school-based mental health delivery. Presentation at the conference of the American Association for Marriage and Family Therapy, Sacramento, CA.
- Chang, J. (2009, October). An interpretive account of counsellor development. Presentation at the conference of the Association of Counsellor Education and Supervision, San Diego, CA.
- Chang, J. (2009, October). The Contextual-Functional Model of counsellor supervision. Presentation at the conference of the Association of Counsellor Education and Supervision, San Diego, CA.
- Collins, S., Nuttgens, S., & Chang, J. (2009, October). Distance education in counsellor education: A social justice intervention. Presentation at the conference of the Association of Counsellor Education and Supervision, San Diego, CA.
- Jones, B., & Chang, J. (2009, May). It works in practice, but does it work in theory? Program development and service delivery in a cross-cultural setting. Presentation at the meeting of the Canadian Counselling Association, Saskatoon, SK.
- Chang, J. (2008, November). An interpretive account of counsellor development. Presentation at the conference of the Western Association of Counsellor Education and Supervision, Palm Springs, CA.
- Chang, J. (2007, November). *Creative interventions with children*. Presentation at the conference of the Solution-Focused Brief Therapy Association, Toronto, ON.
- Chang, J. (2006, November). Solution-focused ideas for school counsellors. Presentation at the conference of the Guidance Council of the Alberta Teachers' Association, Banff, AB.
- Chang, J. (2006, November). Solution-focused approaches for working with parents. Presentation at the conference of the Guidance Council of the Alberta Teachers' Association, Banff, AB.
- Ahlers, C., Chang, J., & Meyers, S. (2005, September). *Panel on narrative ideas in brief therapy*. Presented at the European Brief Therapy Association, Salamanca, Spain.
- Chang, J. (2001, November). Case symposium: Collaborative therapy with children and their families. Presentation at the PanPacific Brief Psychotherapy Association, Osaka, Japan.
- Nylund, D. & Chang, J. (2001, November). *Dialogue: Narrative and solution-focused therapies*. Presentation at the PanPacific Brief Psychotherapy Association, Osaka, Japan.
- Chang, J. (2001, September). Children's stories, children's solutions: Collaborative therapy with children and their families. Presentation at the European Brief Therapy Association, Dublin, Ireland.
- Chang, J. (1998, June). Children's stories, children's solutions: Collaborative therapy with children and their families. Presented at Therapeutic Conversations 4, Toronto, ON.
- Chang, J. (1997, April). The scope of psychological services in custody-access matters. Paper and panel

- discussion presented at the Legal Education Society of Alberta, Banff, AB.
- Chang, J. (1996, June). *Children's stories, children's solutions: Narrative and solution-oriented therapy with children and their families.* Presented at Therapeutic Conversations 3, Denver, CO.
- Chang, J. & Pare, D. (1995, October). *Mixed metaphors: Situating yourself in the "new" therapies*.

  Presented at the meeting of the Alberta Association for Marriage and Family Therapy, Calgary, AB.
- Combs, G., Freedman, J., & Chang, J. (1994, July). Panel on integration and clarification of approaches. Presented at Therapeutic Conversations 2, Reston, VA.
- Chang, J. (1994, March). *The difficult adolescent.* Workshop at the 17th Annual Family Therapy Network Symposium. Washington, DC
- Chang, J. (1993, July). Working with First Nations people. Presented at Summer Institute on Cross-Cultural Counselling, University of Calgary, Calgary, AB
- Chang, J. (1992, July). The intentional single session: Expanding the limits of brief therapy. Workshop at the Employee Assistance Society of North America Professional Development Institutes, Ottawa, ON
- Chang, J., (1992, June). "The Wonder Years:" Solution-oriented approaches with difficult adolescents.

  Workshop at the Western Canadian Family Practice Conference, Vancouver, BC
- Chang, J. (1991, June). *Michael White and Steve de Shazer: New directions in family therapy.*Presented at Generating Possibilities Through Therapeutic Conversations, Tulsa, OK.
- Chang, J, & Edmonds, L. (1991, May). Working with adolescent sexual offenders: Integrating brief, narrative, and family therapies. Workshop at the meeting of the Child and Youth Care Association of British Columbia.
- Lawson, A., Chang, J., Bunce, N., Burgess, K., McCulley, M., Miller, W., & Storcer, K. (1990, May). *Coach's corner: Development of a high scoring student family therapy team*. Presented at the Family Therapy Participants' Conference, Calgary, AB.
- Chang, J. (1989, May). Toward a solution-focused model of supervision. Presented at the Family Therapy Participants' Conference, Calgary, AB.
- Chang, J. & Phillips, M. (1988, September). *Michael White and Steve de Shazer: New directions in family therapy.* Presented at the meeting of the Alberta Association for Marriage and Family Therapy, Edmonton, AB.
- Chang, J. & Phillips, M. (1988, May). Michael White and Steve de Shazer: New directions in family therapy. Presented at the Family Therapy Participants' Conference, Calgary, AB.
- MacIntyre, S., & Chang, J. (1987, November). *Home-based family support with child welfare families*. Invited workshop at the meeting of the Child and Youth Care Association of British Columbia, Victoria, BC, November 1987.

- Chang, J. (1987, September). Family therapy and family support: Complementary endeavors.

  Presented at the meeting of the Alberta Association of Marriage and Family Therapy,
  Calgary, AB.
- Chang, J. (1986, June). *A field test of a relaxation program for young children.* Presented at the meeting of the Canadian Guidance and Counselling Association, Vancouver, BC
- Chang, J. (1985, March). Stress management in the public school system. Presented at the meeting of the British Columbia School Counsellors' Association, Vancouver, BC

# PRESENTATIONS AND LECTURES (non-refereed)

- Chang, J. (2015, November). Solution-focused counselling with children and families. Professional development workshop for the Alberta Teachers' Association Guidance Council, Edmonton Mini-Conference.
- Chang, J. (2015, April). The working alliance in family therapy. Guest lecture in MFTS 596/597 (Practicum in Marriage & Family Therapy) University of San Diego, School of Education and Leadership Sciences.
- Chang, J. (2015, March). Common factors in family therapy. Guest lecture in MFTS 596/597 (Practicum in Marriage & Family Therapy) University of San Diego, School of Education and Leadership Sciences.
- Chang, J. (2014, November). Children's stories, children's solutions: Listening for openings and amplifying change. Presentation at the University of South Australia, School of Psychology, Social Work & Social Policy, Adelaide, Australia.
- Chang, J., & Nylund, D. (2014, June). Recent developments in family therapy in North America. Presentation for the staff of Glostrup Familieterapi, Glostrup, Denmark
- Chang, J. (2014, May). Solution-focused counselling with children and families. Professional development workshop for the Alberta Teachers' Association Guidance Council, Calgary Chapter.
- Chang, J., & Henley, A. (2013, October). Working briefly with children, adolescents and families. Sponsored by City University of Seattle, Vancouver, BC.
- Chang, J. (2012, March). Solution-focused therapy. Guest lecture at APSY 743 (Doctoral Seminar in School Psychology) University of Calgary Faculty of Education.
- Chang, J. (2012, March). *Psychological services in family litigation*. Guest lecture at LAW 689 (Family Law Clinical Seminar) University of Calgary Faculty of Law.
- Chang, J. (2012, March). *Psychological services in family law practice*. Guest lecture at Psychology 355 (Psychology and the Law), St. Mary's University College.
- Chang, J. (2012, January), *The Contextual-Functional metaframework for counsellor supervision*Workshop for practicum supervisors of the Graduate Centre for Applied Psychology,

- Athabasca University. Edmonton, AB
- Chang, J. (2011, June), *The Contextual-Functional metaframework for counsellor supervision*. Workshop for practicum supervisors of the Graduate Centre for Applied Psychology, Athabasca University, Lethbridge, AB.
- Chang, J. (2011, March). *Private practice of psychology*. Guest lecture at APSY 743 (Doctoral Seminar in School Psychology) University of Calgary Faculty of Education.
- Chang, J., & Wise, J. D. (2011, January). *Psychological services in family litigation*. Guest lecture at APSY 743 (Doctoral Seminar in School Psychology) University of Calgary Faculty of Education.
- Chang, J., & Wise, J. D. (2010, March). *Psychological services in family law practice*. Guest lecture at Psychology 355 (Psychology and the Law), St. Mary's University College.
- Chang, J., Dyck, E., & Jerry. P. (2009, May). *Panel on counsellor regulation*. Presentation at the annual meeting of the Professional Association of Christian Counsellors of Canada (Alberta Chapter), Calgary, AB.
- Chang, J. (2008, May). Risk management and proactive practice: Recommendations for counsellors.

  Presentation at the conference of the Professional Association of Christian Counsellors of Canada, Calgary, AB.
- Chang, J. (2008, May). *Psychological services in family law*. Presentation at the professional development day of Vogel and Company, Barristers and Solicitors, Calgary, AB.
- Hoyt, M.F., Berg, I.K., Chang, J., Freedman, J. (1996, October). *Narrative and solution-focused therapies: Similarities and differences*. Panel discussion at Narrative Solutions/Solution Narratives conference, Milwaukee, WI.
- Chang, J. (1994, May). Sorting out the false memory debate. Invited presentation at A Door of Hope: A Conference on Domestic Violence and Sexual Abuse. Sponsored by Mennonite Central Committee.

#### **WORKSHOPS**

Since 1986, I have taught over 100 workshops to professional audiences (public workshops and in-house staff training), on topics such as child stress, residential treatment, solution-oriented therapy, assessment of violent behavior in schools, narrative therapy, critical incident debriefing, and treatment of sexual offenders, to audiences such as comprehensive mental health centres, substance abuse treatment agencies, youth and family treatment agencies, women's shelters, and EAPs.

#### PROFESSIONAL DESIGNATIONS/LICENSES

College of Alberta Psychologists, Registered Psychologist No. 1690 American Association for Marriage and Family Therapy, Clinical Fellow, No. 40070 American Association for Marriage and Family Therapy, Approved Supervisor, No. 40070 Canadian Register of Marriage and Family Therapists, Member Canadian Register of Health Service Providers in Psychology, Member

#### **VOLUNTARY PROFESSIONAL MEMBERSHIPS**

Psychologists' Association of Alberta American Psychological Association Canadian Counselling and Psychotherapy Association Association of Family and Conciliation Courts

#### PREVIOUS TEACHING EXPERIENCE

# City University of Seattle Calgary, AB

1999-2007

*Program Director*, M.A. Program in Counselling Psychology (Calgary) Courses developed:

CPC 513: Brief Therapy Models

CPC 526: Theory in Counselling Psychology CPC 530: Psychological Assessment of Adults

CPC 630: Practicum I: Case Conceptualization and Counselling Psychology

Treatment

CPC 631: Practicum II: Applied Ethics in Clinical Practice

**Courses taught:** 

CPC 501: Introduction to Counselling Psychology Practice

CPC 510: Professional Ethics and Law Family Systems Therapy

CPC 502: Extended Systems: Diversity and Cultural Psychology

Faculty of Education University of Lethbridge 2000

**Sessional Instructor**, Solution-Focused Therapy

# Division of Applied Psychology University of Calgary

1995-2005

Sessional Instructor: APSY 679 Solution-Oriented Therapy (1997-2005)

APSY 693.07 Narrative Therapy (1999-2001, 2003-2005)

APSY 693.08 Private Practice Issues (2001)

Loma Linda University (Canadian Campus) School of Counseling and Family Science

1991-1997

Sessional Instructor: MFAM 638 Family Therapy and Chemical Abuse

MFAM 515 Crisis Intervention Counseling

MFAM 644 Child Abuse and Family Violence MFAM 539 Brief Therapy Models

Canadian Nazarene College, CalgarySessional Instructor1995Mount Royal College, Calgary, ABSessional Instructor1994Athabasca University, Centre for PsychologyTutor1989-1991

#### EDUCATIONAL HISTORY

2008 Doctor of Philosophy, Counselling Psychology, Division of Applied Psychology

University of Calgary, Calgary, AB

**Candidacy areas:** Postmodern therapies

Counsellor education and supervision

Qualitative research

**Dissertation:** An Interpretive Account of Counsellor Development (defended

June 23, 2008)

Master of Arts, Counselling Psychology, Faculty of Education

Simon Fraser University, Burnaby, BC

**Practica:** Richmond Youth Intervention Program

Coquitlam SHARE Society

**Thesis:** Effects of a relaxation curriculum with members of a Grade Two class.

Bachelor of Arts, major: Religious Studies; concentration: Psychology

Trinity Western University, Langley, BC

#### PREVIOUS CLINICAL EXPERIENCE

Private practice of psychology, Calgary, AB	1987-2000
Regional Manager, Canada EAP Services Corporation, Calgary, AB	1991-1993
Psychologist, Wood's Homes, Calgary, AB	1987-1991
Family Therapist, Salvation Army Children's Village, Calgary, AB	1986-1987
Family Therapist, Kincaid Family and Children's Resource, Coquitlam, BC	1984-1986
Counsellor, British Columbia Borstal Association, Vancouver, BC	1982-1984